**T A N J A FA Y L E N E W O L O S H E N**

Dance Artist / Movement Specialist / Educator

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**UNIVERSITY**

2015 - 2017 U Winnipeg - BA Education (MB)

2010 - 2013 UBC Okanagan - MFA Dance and Gender Studies IGS (BC)

2004 - 2010     U Winnipeg - BA Honours Theatre and Film (MB)

**PROFESSIONAL DANCE CREATION + PERFORMANCE (recent selected)**

**Cat’s Cradle** 30 min | Oct 2023 | Waking Death Conference in AB | Duet Creation + Dancer

**Beautiful Loser** 20 min | Nov 2021 | Art Holm at Videopool | Solo Choreographer + Designer + Dancer

**Holy Wild** 50 min | Aug 2017 | Cre8ery Gallery | Solo Exhibition/Performance Creation + Performance

**A Quantum State** 60min | Feb 2017 | Dollhouse Warming Hut at The Forks Market | One Trunk Theatre | Solo Choreographer + Dancer

**Encounters Of The Man Kind** 35 min.| Sept 2013 | Gas. St. Arts. Ctr. | Young Lungs Dance Exchange (YLDE): Production Series | Duet Choreographer

**Cowmachine 1** | 15 min | Nov 2012 | Adhere & Deny | Adhere & Deny’s Circus of Objects | Solo Choreographer + Dancer

**puncturing the clouds**| 12 min. | Nov 2012 | Gas St. Arts Ctr. | NAfro Dance’s Moving Inspirations Dance Festival | Solo Choreographer + Dancer

**Room for the Underdog** | 3hr | May 2012 | Alternator Centre for Contemporary Art | MFA Thesis Performance | Solo Choreographer + Dancer

**gesturing between utopia** | 15 min | June 2011 | Gas. St. Arts. Ctr. | YLDE: Link | Solo Choreographer +Dancer

**Traces** | 2hr | Jan 2011 | Kelowna Art Gallery | Collaboration w/ V.Magnat & C.Leger vocals | Solo Dancer

**lady rhizome** | 4hr | Nov 2010 | Fina Gallery UBCO | Solo Dancer

**The Doctrine of Signatures: i. Bloodroot.** 15 min | July 2010 | Gast St.Arts. Ctr. | YLDE: Link | Choreographer + Dancer w/ Storyteller, hannah\_g

**The Drunken Song |** 20 Min **|**Jan 2010 | Gas St. Arts. Ctr. | YLDE: No Idling| Group Choreographer + Dancer

**Roar, tiger of the heart and tear me open.** 15 min | Oct 2009 | Buddies in Bad Times | Buddies in Bad Times Hysteria Festival + Sept. 2008 | Colin Jackson Theatre | Sarasvati Prod. ‘FEMFEST’ + July 2008 | Gas St. Arts Ctr. | YLDE: Link | Duet Choreographer + Dancer

**puncturing the clouds** | 12 Min | Jan 2009 | Gas St. Arts Ctr. | YLDE: No Idling | Solo Choreographer + Dancer

**Kathleen** | 20 Mins | Jan 2008 | Gas St. Arts Ctr. | YLDE: No Idling | Solo Creation + Dancer

**“You would be amazed at the extent of my innocence.”** | 12 min | July 2007 | Gas St. Arts Ctr. YLDE: Link | Choreographer + Dancer

**INTERPRETATION/ COLLABORATION/ PERFORMANCE (recent)**

**“How To Raise a Ghost?”** | Picture Book and Short Stop Animations | 2019/20 | THE HAPPY PHANTOM COLLECTIVE | 2019/20 | Founded by Mia S. van Leeuwen, Ming Hon, Natasha Torres-Garner & Tanja Faylene Woloshen

**Current See (excerpt) |** 15min | May 2017 | Spur Festival | choreography by Lise McMillan | Interpreter + Collaborator

**Happy at the SAD** | 2hr | Jan 2016 | RAW on the frozen Assiniboine River | directed by Ming Hon | Interpreter

**Destroy She Said** | 40min | Sept 2015 | Gas St.Arts. Ctr. direction by Mia Van Leeuvan for YLDE: Production Series | Dancer + Collaborator

**Sedentary Nomad** | 45min | June 2015 | site specific | choreography by Natasha Torres Garner | Dancer

**Myriad Beings |** 3min | April 2015 | Gas St. Arts Ctr. | choreography by Jolene Bailie for Gearshifting Performance Works | Dancer

**Dancing With The Doctor** | 60mins | March 2015 | Contemporary Art Museum of Raleigh | choreography by Sarah Anne Johnson | Dancer

**Current See *|*** 45min | Sept 2014 | Gas St. Arts Ctr.| choreography by Lise McMillan for YLDE: Production Series | Dancer

**La Belle Laide** | 45 mins | July 2014 | Manitoba Theatre Centre Warehouse | Winnipeg Fringe Festival | directed by Jacqueline Loewan | Actor/ Dancer

**The House Left Standing |** 70 min | May 2014 | Prairie Theatre Exchange | the Carol Shields Festival of New Works: new playwright: Pricilla Yakielashek | Actor/ Reader (Silvia)

**Recycle This!** 30 min | Sept/Oct/Nov 2013 | Green Kids Inc. Manitoba Elementary School Tour | directed by Daina Leitold | Actor

**Hamlet as Told on the Streets** 1 hr | July & August 2013| The Vault & Victoria School | Winnipeg & Saskatoon Fringe Theatre Fests | directed by Andrea Sartison for One Trunk Theatre | Actor/Dancer (Gertrude)

**SWELL** 60 min | Nov 2012 | Atomic | directed by Kathleen Amshoff | Actor/ Dancer

**Red Socket Spine** 30 min | Sept 2012 | Gas St. Arts Ctr. | YLDE: Production Series | Dancer + Collaborator

**Green Space** | 60 min | La Cite Francophone & Kelowna Art Gallery | Workshop West's Canoe Theatre Festival & Inner Fish | created by Denise Kenney & Neil Cadger for Inner Fish Performance Co. | Actor + Collaborator

**FOREST (for a thousand years...)** | 60 min | Sept 2011 | site specific/ forest | Sound/ Vocal Scoring | direction Janet Cardiff & George Miller | Sound Improviser

**The Lovers Do Not Have Time to Sleep! They Do Not Have Time to Eat** |15 min | site specific | The Forks' Barge Fest | created by Coral Maloney | Dancer

**Soundcan: The Art of Public Noise** | 30-60 min | site specific | Utrecht/ Beilfeld/ Ghent/ Berlin | Performance Studies International Conference PSi # 17 + tour | Inner Fish Performance Co. | Performer + Collaborator

**Dancing with the Doctor** 50 mins | Feb 2010 | aceartinc.. | exhibition choreography: Sarah Anne Johnson | Dancer

**Lust and Remembrance** | 12 min | July 2009 | Gas. St. Theatre | YLDE: Link | choreography by Alexandra Elliott | Dancer

**CHOREOGRAPHY**

**Western Chronicle** 15 min | Aug 2021 | Site Specific | One Trunk Theatre | directed by Andraea Sartison

**Peer Gynt** 90 min | Jan 2019 | Black Hole Theatre | U Manitoba | directed by Christopher Johnson

**A Short History of Crazy Bone** 60 min | March 2018 | Cercle Moliere | Theatre Projects Manitoba | directed by Andraea Sartison

**Faust(us)** 140 min | March 2013 | Asper Theatre Ctr | The UWinnipeg Dept. of Theatre and Film | directed by Christopher Brauer

**Chainsaw Ballet** 7 min | Oct 2010 | Woodhaven Park | inner fish performance co. | co-choreographed with Denise Kenney

**TEACHING/ FACILITATING/ MENTORSHIP (recent selected)**

2015 - current **Winnipeg Holistic Expressive Arts Therapy Institute (WHEAT)** (MB) Faculty Instructor: Butoh Movement; Movement in Expressive Arts Therapy

2021- current **Kelvin High School** (MB) Dance, Visual Arts, Wellness and the Arts

2022 **Royal Winnipeg Ballet**: First Steps Choreographic Competition Juror

2021 **Fill the (W)hole Theatre Company** Movement Mentorship

2020 - 21 **Grant Park High School** (MB) Drama, Drama Improvisation

2019 - 20 **Grant Park High School** (MB) Dance

2019 **Walk & Talk Theatre Company** Movement for Actors Specialist/ Mentorship

2019 **Self-produced** Butoh Body Freedom Fall Session

2019 **Sarasvati Launchpad Project** (MB) Movement for Actors Specialist/ Mentorship

2019 **Winnipeg Holistic Expressive Arts Therapy Institute (WHEAT)** (ON) 2 full days Guest Movement Educator/ - Moving to Express

2019 **Self-produced** Butoh Body Freedom Spring Session

2019 **University of Lethbridge** (AB) Guest Artist - Butoh for the Actor

2018 **University of Winnipeg** (MB) Sessional Instructor - Acting Theatre and Practice

2018 **Winnipeg Holistic Expressive Arts Therapy Institute (WHEAT)** Intro to Expressive Arts Therapy: An Indigenous Perspective (co-teaching 10 Day Course) (ON)

2017 - 2018 **Dufferin School** (MB) Performance & Arts Inquiry

2017 - 2019 **Prairie Theatre Exchange** (MB) Being Radical: Dance, Movement, Introduction to Theatre

2015 - 2016 **Royal Winnipeg Ballet** (MB) Adult Modern, Intermediate Advanced Modern

2005 - 2018 **Manitoba Theatre for Young People** (MB) Junior Acting, At Risk Program

2018 **Alliance for Arts Education in Manitoba (MB) Artspark: Building Bridges Through Education and the Arts:** Bodies of Bridges: Knowing the Self through Art and Dance

2016 - 2018 **Theatre Projects Manitoba** (MB) Butoh Dance Training for 2017/18 Season

2013 - 2017 **Engaging Fusion** (MB) Dance Artist with Winnipeg School Division

2016 **Lertah International School** (Thailand) Dance, Art, Health, Social Studies

2016 **“Paris To Kyiv Fragment Remixes” CD Launch *(MB)*** Mia van Leeuwen’s dance performance Movement Consultant

2015 - 2016 **St. John’s High School** (MB) Practicum Dance Teacher

2014 **Theatre By The River** (MB) for The Cherry Orchard CHEKOVFEST Movement Consultant

2013 - 2014 **Young Lungs Dance Exchange: Research Series** (MB)Movement Mentor forZorya Arrow

2007 - 2014    **Osborne Street Dance Club** (MB) Contemporary Dance, Ballet

2013 **Velocity Dance Center** (WA) Speakeasy panel participant: The Engendering Project: Ever Betweening (WA)

**Cornish College of the Arts** (WA) Guest Instructor - Butoh Dance

**University of Winnipeg** (MB) Sessional Instructor - Advanced Movement for Actors I & Advanced Movement for Actors II

2012 **University of Winnipeg** (MB) Teacher Assistantships: Principles of Physical Training for the Actor, Advanced Movement for Actors I, Advanced Movement for Actors II

**UBC Okanagan** (BC) Sessional Instructor- The Actor’s Process, Improvisation: The Body in Performance

2010 - 2012 **UBC Okanagan** (BC) Graduate Teacher Assistantship: Improvisation: The Body in Performance, Creative and Critical Studies Forum, Devised Theatre

**UBC Okanagan** (BC) Guest Instructor - Contact Improvisation

2008 - 2010    **Monica’s Danz Gym** (MB) -Contemporary dance

2006 - 2010    **University of Winnipeg** Teacher Assistantships: Principles of Physical Training for the Actor, Movement for Actors, Intro to Theatre Performance, Intro Dance for Musical Theatre

2006 - 2008    **Wellness Institute at Seven Oakes Hospital** (MB)- Parent n Tots, Pre-Ballet, Movin' Up, Global Rhythms, Jazz, Contemporary Dance & Hip Hop

**FILM**

2024 **Field of Desire** | 10 min | Choreographer/Dancer/ Producer

2014 **ungoverned heart** |4 min | Director/Producer by caroline | Dancer

2013**I Love My Friend** 3.2 min | Writer/Producer Michael V. Smith | Movement Director + Dancer

2010 **Chainsaw Ballet** 5 min | Directed by Denise Kenney for Inner Fish | Co-Choreographer

2009 **Sitka** 5 min | Directed by Olga Zirata for Winnipeg Film Group | Dancer

2009 **Dream** 7 min | Directed by Andrew Milne for Winnipeg Film Group | Movement Director + Dancer

2007 **The Stone Angel** 90 min | Directed by Kari Skogland | Featured Dancer

**PUBLICATIONS**

2012 **KATALOG: Issue 5: Exertion** (Winter/ Spring) Central Canadian Centre for Performance. Features material about my work *gesturing between utopia*

2011 **Whatever Else**. (June) Intercopy: Features performance footsteps from my work *Doctrine of Signatures: i.Bloodroot*

**CONFERENCES**

2022 **Dance Studies Association (DSA)** Annual Conference: Dancing Resilience: Dance Studies and Activism in a Global Age (Virtual, Van, BC) | Presenter of personal research: *Hoping the Body Through Darkness*

2022 **National Dance Education Organization (NDEO)** 24th Annual Conference: Let’s Make Dance Together: Reigniting the Creative Spark (Atlanta, GA) | Presenter of personal research: *Re-Wilding Our Body*

2021 **National Dance Education Organization (NDEO)** 23rd Annual Conference: TELLING OUR STORIES: The Essentiality of Dance Education in Changing Times (Virtual, To, ON) | Presenter of personal research: *Hoping the Body Through Darkness*

2019 **Canadian Network for Arts and Learning** Bi-Annual Conference: Creative Convergence (Wpg, MB) | Presenter of personal research: *Dance as a Decolonizing Process*

2019 **Dance Studies Association (DSA)** Annual Conference: Dancing In Common (Ev, IL) | Presenter of personal research: *Dance as a Decolonizing Process*

2017 **International Expressive Arts Therapy Association** **(IEATA)** Annual Conference: Indigenous Approaches to Expressive Arts Therapy (Wpg, MB) | Presenter of personal research: *Dance as a Decolonizing Process*

2017 **ASIATOPIA Performance Conference** Annual S.E. AsiaConference (Thailand, BKK) | Guest

2012 **Interdisciplinary Graduate Students Association** Annual International Conference: Borders and Border Crossings (Kel, BC) | Presenter of personal research: *Gesturing Between Utopia*

2011 **Performance Studies International (PSi) #17:** Technology Memory Experience |Annual Conference (Utrecht, NL) | Presenter with Inner Fish Co. *Soundcans*

**PERFORMANCE SOURCEWORK/ UNDERSTUDY/ WARDRODE (recent)**

2019 **Artist in Residence** via Young Lungs Dance Exchange: Research Series (MB)

2018 **Dance Researcher/ Resident** at Dance Victoria (BC)

2015 **Dance Researcher** via Manitoba Arts Council: Churchill Residency Program (MB)

2014 **Dance Researcher** via Young Lungs Dance Exchange: Research Series (MB)

2012 - 2014 **Theatre Research Group** Performer | Dir. Tom Stroud (MB)

2009     **The Rite** (full length. group.) Dancer/Actor/ | Direction by Tom Stroud, Ian Mozdzen & Natasha Torres Garner (MB)

**TRAINING**

**CONTEMPORARY DANCE:** Tom Stroud, Treasure Waddell, Josee Garant, Cheryl Flaharty, Chick Snipper, Barbara Bourget, Cornelius Fischer-Credo, Melissa Monteros **IMPROVISATION / CONTACT**: Helen Walkley, Peter Bingham, Jaci Metivier, Ali Robson, Tom Stroud **BUTOH:** Yukio Waguri, SU-EN, Cheryl Flaharty, Lori O’Tani, Jay Hirabayashi, Denise Fujiwara, Yoshito Ohno, Minako Seki, Itto Morita, Vangeline, Tadashi Endo **BODY MIND CENTERING:** Helen Walkley **BALLET**: Sarah Brewer, Rachelle Vermette, Martha Nicholson, Johanne Gingras **JAZZ**: Vicki Adams-Willis, Hannah Stillwell, Michele Moss, Denise Clarke, Tannis Twerdun-Tymko **ACTING:** Cairn Moore, Wayne Nicklas, Brian Richardson **DEVISED THEATRE**: Claire Borody, Tom Stroud **DIRECTING:** Christopher Brauer, Tom Stroud **DRAMATURGY**: Per Brask **YOGA:** Sheila Chutskoff, Laura Martini, Sari Levitt | **Trance Dance Facilitator** **Certification**; **Royal Winnipeg Ballet Teacher's Certificate**

**WORKSHOPS (Selected)**

2022 Trauma Informed Practices for Performing Artists w/ Canadian Dance Assembly

2021 Gaga w/ Ohad Naharin (IL- Virtual)

Remembering Ohnos w/ Maureen Fleming (NY- Virtual)

2020 Body Resonance w/Yumiko Yoshioka (JP- Virtual)

2019 Intro to Butoh “Ma” & Performance Collaboration & Garden Performance w/ Tadashi Endo (NY)

2018 Mind Body Connections in Butoh w/ Vangeline (NY)

2018 Suzuki / Viewpoints w/ Thomas Morgan Jones (MB)

2016 Butoh Method w/ Itti Morita of GooSayTen (Japan)

2015 Isadora Duncan Studies w/ Jeanne Bresciani of NYC (MB)

2013 Movement & Voice w/ Marie Josée Chartier (MB)

2012 Choreography w/ Susan Rethorst @ Dancemakers (ON), Improvisation & Performance w/ Susie Burpee + Peter Bingham (MB); Butoh w/ Yoshito Ohno, Butoh Zen Jazz w/ Jay Hirabayashi (BC); Repeating & Rewriting Distance Workshop w/ Lin Snelling & Guy Cools (BC); Live Art w/ Phil Soltanoff (BC)

2011 Contemporary Technique & Composition w/ Davida Monk (MB), Whitsun Sun Butoh w/ Minako Seki (GE); Noguchi Taiso w/ Mari Osanai (BC); Physical Theatre w/ Ker Wells (BC)

2010   Butoh Zen Jazz w/ Jay Hirabayashi (BC), Baby Tiger Training w/ BJ Galvan (MB)

2009 Noguchi Taiso w/ Mari Osanai (MB), Contemplative Dance w/ Denise Fugiwara (ON)

2007 Wreck Beach Butoh w/ Kokoro (BC), Worlds of Motion w/ Sharon Moore (MB)

2006 Mascall Dance: W.O.W. w/ Susan Elliot, Amelia Itkush, Battery Opera (BC); Royal Winnipeg Ballet Teacher Training Certification (MB), Worlds of Motion w/ Sharon Moore (MB)

**AWARDS & AFFILIATIONS:**

2022 Winnipeg Arts Council Travel Grant Recipient

2022 Government of Manitoba – Teacher’s Idea Fund Grant Recipient

2020 U Manitoba/ MAWA Micro-Grant Recipient

2019 Manitoba Arts Council Create Grant Recipient for THE HAPPY PHANTOMS COLLECTIVE

2019 Manitoba Arts Council Professional Development Grant Recipient

2019 Manitoba Arts Council Create Grant Recipient

2018 Manitoba Arts Council Travel Grant Recipient

2019 - current *Manitoba Association for Dance Education* member

2018 Manitoba Theatre Awards (Evies) “Outstanding Choreography or Fight Direction” *Nomination*

2017 - current *Manitoba Association of Multi-age Educators* member

2017 - current *International Expressive Arts Therapy Association* member

2015 - current *Manitoba Association for Art Education* member

2016 Dean’s Honour List: U Winnipeg

2015 Manitoba Arts Council (MAC) Churchill Artist Residency Grant Recipient

2015 *UNESCO International Dance Council* Member

2014 - 2017 *Alliance for Arts Education in Manitoba* Board Member

2013 Winnipeg Arts Council (WAC) Travel Grant Recipient

2012 MAC Travel Grant Recipient

2012 MAC Dance Production Grant Jury Member

2011 Dancer Transition Resource Centre Member

2011 UBCO MFA Thesis Award Recipient

2011 MAC Student Bursary Recipient

2010 MAC Student Bursary Recipient

2008 MAC Student Bursary Grant Jury Member

2007 MAC Travel Grant Recipient

2007 WAC Travel Grant Recipient

2007- 2014 YLDE Contributor & Board Member

2006 MAC Travel Grant Recipient